Yoghurt bowl

Granola, Greek yoghurt, berries, strawberries, banana, honey, chocolate shavings (V) £7.50 Greek yogurt, honey, mixed nuts (GF) (V) £6.50

Porridge bowl

Porridge, berries, strawberries, banana, honey, chocolate shavings (GF) (V) £7.50 Porridge, honey, mixed nuts (V) £6.50

Keyword

GF - Gluten Free | V - Vegetarian

Allergy Info

Before placing an order, please inform a member of staff if you or a person in your party has any allergies or food intolerances.





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Omelette

Traditional Omelette (GF option available) Eggs, pepperoni, bacon, bell pepper, onion, Gouda cheese. Served with salad.	£10.50
Vegetarian Omelette (GF option available) (V) Eggs, mushroom, bell pepper, onion, feta, Gouda cheese. Served with salad.	£9.50
Theo's Breakfast	

THEO'S DIEAKIAST	
Poached egg Koulouri (V) Poached eggs on sesame bagel (Koulouri), Greek yogurt, spicy oil, cress.	£12.50
Smoked Salmon Koulouri Smoked salmon in a sesame bagel (Koulouri), Philadelphia, rocket, cress	£13.50
Scrambled eggs (GF option available) (V) Scrambled eggs on sourdough bread, avocado, sun-dried tomato, radish, cress	£9.50
Feta Filo (V) Feta cheese in filo pastry, drizzled with honey and topped with sesame seeds.	£7.50

English Breakfast

Traditional English Breakfast (GF option available)	£10.50
Scrambled or fried egg, sausage, bacon, hash brown, mushrooms, tomatoes, beans.	
Served with bread.	

£9.50

Vegetarian English Breakfast (GF option available) (V)
Scrambled or fried egg, mushrooms, hash brown, tomatoes, beans. Served with Bread

Club Sandwich

Club Sandwich		Wraps	
Ham Club Sandwich (GF option available) Stacked toasted bread layered with Ham, bacon, Gouda cheese, tomatoes, cucumber, iceberg lettuce, mayon Served with chips.	£8.50 naise.	Falafel wrap (V) Falafel balls (chickpeas), hummus, tahini, cucumber, tomato, cabbage and lettuce rolled into a tortilla.	£5.50
Chicken Club Sandwich (GF option available) Stacked toasted bread layered with chicken, bacon, Gouda cheese, tomatoes, cucumber, iceberg lettuce, may Served with chips.	£8.50 vonnaise.	Haloumi wrap (V) (GF option available) Haloumi, hummus, tahini, cucumber, tomato, cabbage, and lettuce rolled into a tortilla.	£6.50
		Salads	
Toasties		Greek salad (V) (GF) Feta, tomato, cucumber, red onion, bell peppers, black olives, olive oil, oregano.	£7.50
Ham & cheese, Philadelphia toast (GF option available)	£4.50	Chef Salad (GF) Boiled egg, ham, tuna, bell peppers, black olives, baby gem lettuce, iceberg lettuce, tomato, cucumber, shred	£9.50 dded
Chicken, bacon, cheese, Philadelphia toast (GF option available)	£5.50	carrot, shredded Gouda cheese, mayonnaise.	
		Cesar salad (GF option - no croutons) Chicken, Iceberg lettuce, croutons, bacon, parmesan, cherry tomato, mayonnaise.	£8.50
Baguettes			
Chicken, mayonnaise, iceberg lettuce	£4.50	Jacket Potato	
Chicken, pesto, iceberg lettuce	£4.50	Jacket potato, tuna, mayonnaise, cheese, beans (GF) (V)	£6.50
Pesto, mozzarella, tomato, rocket (V)	£4.50	Jacket potato, cheese, beans (GF) (V)	£5.50
Tuna, mayonnaise, pickled cucumber, iceberg lettuce, black olives	£4.50		
		Pizza	
Panini		Pepperoni	£7.50
Chicken & mayonnaise	£4.50	Margherita (V)	£6.50
Chicken & pesto	£4.50	Cheese garlic (V)	£6.50
Pesto, mozzarella, tomato (V)	£4.50	Pancakes	
Tuna, mayonnaise, pickled cucumber, black olives	£4.50		C0 F0
		Savory Pancake 3 layer, Fried egg, bacon, rocket, cherry tomato, spicy oil.	£8.50
		Sweet Pancake (V) 3 layer, berries, strawberries, banana, maple syrup.	£7.50)